



**Epping Forest Full Youth Full Council Meeting
Council Chamber – Civic Offices
323 High Street Epping CM16 4BZ
Rooms 1/2/3 ground floor**

**5 October 2021
19:00 – 20:30**

Minutes

Attended: Sonny Bazzoni, Matthew Carter, Frank Cullis, Natalie Moffat, Bianca Nedelcu, Martin Prinsloo, Oscar Prosser, Jamie schooling, Sydnae Smith, Daniel Turner, Finlay Wallbanks, Aliza Zarras.

Officers:

Wendy Cockbill, Isabella Cray, Vanessa Gayton, Di Gilson-Butler.

Guests:

Lizzy Lysaght (Red Balloon Foundation), Mike Ellen (MIND West Essex).

Apologies: Cameron, Sammy, Zaara, Megan, Riya, Alec, Tomor, Lauren.

Item 1. Introductions

Welcome by Chairman Bianca and Vice Chair Natalie.

Item 2. Guest Speaker Lizzy Lysaght from Red Balloon Foundation,
commissioners for MiLife C19.

Lizzy showed the first edit of the MiLife C19 evaluation film, that the Youth Councillors took part in during the summer holidays. The Youth Councillors gave their feedback. The suggestions were as follows;

- i) The sound and vision quality of Daniel Turner's camera is poor, sound from his recording was too loud and camera was blurred. Daniel is happy to refilm his questions.
- ii). Zarras question, need editing at the end, as she goes onto say something else and the cut isn't clean.
- iii). It was observed that some young people in the film had tattoos. a Youth Councillor said it wasn't legal to have a tattoo until 18. Therefore, can the tattooed people be removed to make it relevant to the younger viewer.

iv). It was also observed that graffiti is illegal ... perhaps they could have someone painting instead?

v). The questions used were taken from the early questionnaires (from one school) since then many more questions would have been asked. To embrace these, it was suggested to include

- FAQ section to the resource
- Collate the pupils' questions and send to the schools for pastoral support to address the issues occurring.
- Include at the end, help lines and local services

Actions – Send feedback to Lizzy. Include an FQA section. Refilm Daniels clips to improve quality.

Item 3. Guest Speaker Mike Ellen from MIND West Essex

Mike explained the work MIND West Essex is offering schools in our local district, for primary schools the group sessions will be more about teaching them what emotions are and how to deal with them. Secondary school sessions would be more one to one if needed to talk about stress, anxiety. There will be general wellbeing workshops and how to deal with the transitions from leaving school. Each school in the district will be designated their own Health Leader. Pupils that need one to one support, there is a waiting list. There will be more sessions after Christmas leading into Easter, with the view to be fully functioning by September 2022.

Action – Di to send Mike Link to MiLife and MiLife C19.

Item 4. Epping Forest Youth Conference.

Youth Councillors voted on the merchandise choices they would like for the youth conference. Most popular was a badge with 9/12 votes from the group and secondly was the sticky notes and notebook with a pen with 8/12 votes.

Item 5. EFYC Topic for discussion Sonny, Aliza & Daniel

Sonny suggested to have a discussion on the Climate protests and for Climate Change to be taught in PSHE lessons. Youth councillors said it would be a good idea if previous youth councillors came and spoke about their journey.

Action – Di to arrange a youth conference planning meeting with the Youth Councillors.

Item 6. Updates from EFYC members

Action - All Youth Councillors to inform schools about the youth conference, MiLife and the young citizen of the year award.

Item 7. Updates from EFDC officers Di & Wendy

- a) Wendy Informed the Youth Councillors that the Young Citizen of the Year Award has been distributed to all schools and youth groups.

- b) iPad passwords are going to expire, Wendy will text Youth Councillor individually with their new passwords.
- c) Taxi - When getting into the taxi, check with the driver, the location you are heading too, especially if going to a different address e.g. school and not home.

Item 8. Topics for discussion at the full Youth Council meeting 2 November

Item 9. Any other business – Youth Councillors

- a) Covid vaccinations have been given out in schools.
- b) Daniel said #consequences came into school and found it very informative and helpful.
- c) Frank and Tomor attended the Happy Fest as a volunteer and helped raise over £3000 for the Epping playground association.
- d) Sonny, Martin & Matthew attended the Civic offices opening evening and had the opportunity to meet with the Members and Senior Leadership team members.
- e) Youth Councillors to check their school's lockdown procedures.

Action – Wendy to email the community even flyer to the Youth Councillors.

Date of next meeting: Tuesday 2 November
Chairman Natalie and Vice-Chairman Cameron
Venue: Civic Offices, Ground Floor, Rooms 1/2/3